## Third Initiation into Babaji's Kriya Yoga Advanced Training in Italy in 2020

Organized by **Babaji's Kriya Yoga Order of Acharyas** with Acharya Siddhananda Sita in English language with translation into Italian **July 3 –11**, 2020

at Santuario dell'Essere (La Pila), Bettona (PG), Italy

Application is required, registration deadline April 30, 2020

#### Invitation

Dedicated students of Babaji's Kriya Yoga, who have received the second initiation, may be ready to advance to receiving the third initiation into Babaji's Kriya Yoga in a 9-days intensive retreat seminar.

We offer a new unique opportunity to attend a training session in Italy in the summer of 2020. The training will be given in English language, with translation into Italian, so that our international English speaking students can participate as well.

## **Details**

## Contents of a Third Initiation program

The third initiation seminar is an advanced training into 144 Kriyas, which allows you to immerse yourself deeply into our tradition of Babaji's Kriya Yoga, and glimpse insights of the rich body of knowledge of the Siddhas, the ancient Yoga adepts of India. These 144 Kriyas include specific techniques to extend your repertoire of transformation and healing tools, to purify your subtle bodies, to induce the awakening of Kundalini, our latent potential of life force, and Samadhi states of consciousness in communion with the Absolute, to develop your latent subtle faculties or "Siddhis", and to cultivate a relationship with the Siddhas and Babaji.

The third initiation complements and extends the foundation of practice of the first and second initiation and reflects the essence of various paths of the authentic tradition of Yoga. It was compiled in this form by Yogi Ramaiah from South India, the founder of our lineage of Kriya Yoga. Conditions for participation:

## Third Initiation into Babaji's Kriya Yoga in Italy 2020 requirements:

- Second initiation into Babaji's Kriya Yoga, complete participation in at least one second initiation and one first initiation seminar,
- At least one year of personal practice of Babaji's Kriya Yoga,
- Prior personal application and approval by the Acharya,
- Complete attendance during the program with accomodation at the venue.



## Our Acharya:

Sita Carla Leite was born in Brazil. Yoga enters her life from an early age and is definitely part of her encounter with Kriya Yoga. In 2004 she received her first initiation with Govindan Satchidananda and since her practice intensifies to become the essence of her life. During the months and years that followed she received the second and third initiations and participated in pilgrimages and stays in India. In 2006 she completed her teacher training with Durga Ahlund and Govindan Satchidananda in Quebec and renewed this training two more times thus preparing herself to teach this training. In 2009 she became acharya of Babaji's Kriya Yoga and began transmitting the first initiation in France and other countries in Europe. In 2011 she completed a period of intense preparation for teaching the second initiation into Kriya Yoga, and in 2015 she was allowed to teach third initiation. Since then she has traveled to various countries to teach this discipline and art that has become her life.



#### Venue:

The venue is "Santuario dell'Essere" in the countryside of Umbria, half an hour from Assisi. La Pila, the old name of Santuario dell'Essere is a place for personal growth and contribution to realize joy and beauty in Life.

#### Schedule:

The seminar is a retreat with accommodation at the venue for 9 nights. The program starts on Friday, Jul. 3, 2020, with check-in and registration until 2 p.m., and the opening session at 5 p.m. Check-in and settlement of payments will be completed before the program starts. The program ends on Saturday, Aug. 11, 2020, in the morning. Plan your departure for the afternoon. Participants found it helpful to allow more time for themselves to arrive, settle or depart, therefore we offer the possibility to arrive on Thursday, Jul. 2, in the evening, and to check out and depart on Sunday morning, Jul. 12, after breakfast.

#### Accomodation:

The venue offers full board with three meals per day and lodging during the program as follows: in shared double rooms for €500,00, in dormitory €400,00, camping accommodation €320,00. Additional nights will be extra. In case you have special needs related to your accommodation, please contact our local organizer Chinmayi.

## Suggested Contribution:

Babaji's Kriya Yoga Order of Acharyas strives to offer the initiations to any sincerely interested person, worldwide and independent of their country and means. There is no charge for traditional initiation as such, the suggested contribution of each participant, however, is required to cover the average costs involved, which only allows us to make this seminar possible for you. Therefore, we ask every participant to contribute to their initiation. The suggested contribution for this seminar is €550,00 and for a repetition the suggested contribution is half the amount.

Annual membership to Kriya Yoga Sangha is necessary for te event to take plance in compliance to italian regulations. Subscription donation is €30,00

Babaji's Kriya Yoga of Acharyas and Kriya Yoga Sangha

# Third Initiation into Babaji's Kriya Yoga in Italy 2020 Application and Registration:

Prior personal application is required. The deadline for registration is April 30, 2020. Available places are limited at the retreat venue, except for camping accommodation. Early registration will ensure a place. Afterwards, there are accommodations in the surroundings of the venue.

Admission to the training requires a personal application and approval by the Acharya, it includes a questionnaire about your personal practice of Babaji's Kriya Yoga. You are asked to inform us in advance about any personal medical, psychiatric or energetic conditions, which could cause preventing or compromising you or other participants from participating fully in the seminar.

For inquiries and for registration, please contact Kriya Yoga Sangha.

You will receive a questionnaire for your personal application. After your admission has been approved, please book your accommodation and reserve your place with a bank transfer of €200,00 to Kriya Yoga Sangha. Details will be given upon your registration. After your registration, you will receive further details for your travel and your personal preparation. Repeating the Third Initiation:

A repetition of the Third Initiation seminar enables you to deepen, refine and refresh your personal Yoga practice. It widens your horizon of understanding, and revives your inner inspiration and motivation to renew your own Sadhana, as many testimonials of our students confirm impressively. Each further repetition even intensifies those effects, as it will enable you to even progress into deeper levels.

For first time repeaters, it is required to participate every day like new students. Whereas our students, who have already participated more than once, are also welcome to attend and visit us on selected days, after prior arrangement, in particular on days with the fire rituals.

#### Repeating a First and Second Initiation:

Each and every repetition brings yet again new experiences, insights and inspiration for your personal Sadhana and establishes deeper levels of your Yoga practice. To repeat an initiation program is not only meaningful for students who intend to refresh their initiation training and knowledge, but also for those students, who are going to attend a third initiation program for the first time, in order to prepare themselves in the best way.

The second initiation program is a weekend retreat from Friday afternoon to Sunday afternoon. Participation requires at least one completed first initiation seminar. The second initiation program of Babaji's Kriya Yoga complements the first initiation program. Essential Kriya Yoga techniques are added, as well as experiences of more qualities of Yoga like meditative silence, initiation into mantras, and a fire ritual. It deepens the awakening of consciousness and the integration of Kriya Yoga practices into daily life - both fundamental for practising effectively.

For more details, see the first initiation and second initiation seminar programs on our website. This information is subject to modification. Short term modifications are sometimes unavoidable to comply with the circumstances. With your enrolment, we are able to contact you personally in such case. Without registration, please check for updates yourself!

## Third Initiation into Babaji's Kriya Yoga in Italy 2020

According to the ancient Yoga tradition, contents of initiations and descriptions of Kriya techniques are not written down and published.

However, you find a lot of background information about the initiation seminars in our flyers, articles, books and other media on our website.